



# SWING RULES

## DANCES OFFERED

HUSTLE, SWING, CABARET, and SHOWCASE

## DIVISIONS OFFERED

**PRO-AM:** DANCED IN A HEATED FORMAT

**STRICTLY HUSTLE:** FEMALE AND MALE

LEVELS: NEWCOMER, NOVICE, INTERMEDIATE, ADVANCED

**STRICTLY SWING:** FEMALE AND MALE

LEVELS: NEWCOMER, NOVICE, INTERMEDIATE, ADVANCED

## ROUTINE:

**OPEN HUSTLE OR OPEN SWING** (YOU PROVIDE YOUR MUSIC)

## CABARET and SHOWCASE:

**OPEN (ANYTHING GOES) LIFTS, DROPS, AND AERIALS ARE ALLOWED**

(YOU PROVIDE MUSIC - MAXIMUM OF 3 MINUTES)

**COUPLES:** DANCED IN A HEATED FORMAT

**STRICTLY HUSTLE**

LEVELS: NOVICE, INTERMEDIATE, ADVANCED

**STRICTLY SWING**

LEVELS: NOVICE, INTERMEDIATE, ADVANCED

**MUSIC:** CHOSEN BY THE DJ FOR PRO-AM AND COUPLES, BUT NOT ROUTINE, CABARET, AND SHOWCASE

PRO AM WILL BE 90 SECONDS LONG

COUPLES WILL BE 2 MINUTES LONG

**MOVEMENTS:** LIFTS, DROPS, OR AERIALS NOT ALLOWED IN PRO-AM OR COUPLES

**CONTENT:** MUST BE 80% THAT STYLE DANCE IN ALL DIVISION'S EXCEPT CABARET

## SCORING:

PRO AM IS MEDALS MAJORITY MEDAL PLACEMENT

COUPLES, ROUTINE, CABARET, AND SHOWCASE ARE RANKED UTILIZING RELATIVE PLACEMENT

A DIVISION MUST HAVE A MINIMUM OF THREE (3) CONTESTANTS TO QUALIFY FOR OVERALLS

A **PRO** CAN NOT DANCE IN THE NEWCOMER OR NOVICE LEVEL IN COUPLES DIVISION NOR AS AN **AM** IN THE PRO-AM DIVISION

AM'S AND COUPLES CANNOT DANCE DIFFERENT LEVELS IN THE SAME DANCE OR DIVISION

**DANCES AND DIVISIONS ARE OFFERED AT EVENT DIRECTORS DISCRETION.**